



# *Competitive Showcase 2026*

Chief Sepass Theatre  
Friday, January 16th  
| Sunday, January 18th  
General Admission



# FRIDAY, JANUARY 16th

## SESSION 1

### Hip Hop Groups

6:00 Buds Hip Hop "Joy" Choreo: Mr Josh

6:05 Roots/Sprouts Hip Hip "Run it" Choreo: Mr Josh

6:10 Bloom Hip Hop "Legit" Choreo: Ms Kelly

### Hip Hop Solos Part 1

6:15 Aria "Yes, and?" Choreo: Ms Melissa

6:18 Ryen "That Girl" Choreo: Ms Melissa

6:21 Ronan "Do it Again" Choreo: Ms Melissa

### Tap Groups

6:24 Roots/Sprouts Tap "Route 66" Choreo: Ms Suzanne

6:29 Buds/Bloom Tap "Cups" Choreo: Ms Suzanne

### Hip Hop Solos + Duos Part 2

6:34 Katea "Poser" Choreo: Ms Kelly

6:37 Elena "Pump It Up" Choreo: Ms Kelly

6:41 Lexxi "Energy" Choreo: Ms Kelly

6:44 Chloe "You Can Do It" Choreo: Mr Josh

6:47 Frankie "Gimme That" Choreo: Mr Josh

6:50 Tori "Worth It" Choreo: Mr Josh

6:53 Ellie "Jump Off" Choreo: Ms Melissa

6:56 Josie/Jiya "Light Down Low" Choreo: Mr Josh

### Tap Solos

6:59 Aaliyah "Bounce" Choreo: Ms Suzanne

7:02 Baylee "Dog Days" Choreo: Ms Suzanne

## 7:10-7:30PM AWARDS -ALL PARTICIPATING SESSION DANCERS ON STAGE

## SESSION 2

### Contemporary Groups

8:00 Bloom Contemporary "Flesh and Bone" Choreo: Ms Krystal

8:05 Buds Contemporary "The Painter" Choreo: Ms Caylea

### Contemporary Solos + Duos

8:15 Tamara "I Am Not Her" Choreo: Ms Krystal

8:18 Alex "Behind the Brim" Choreo: Ms Natalie

8:21 Gabby "Everybody Support Women" Choreo: Ms Krystal

8:24 Samantha "The Scientist" Choreo: Ms Emily Bosak

8:27 Sabrina "Holes" Choreo: Ms Natalie

8:30 Brie "Shining Star" Choreo: Ms Natalie

8:33 Cypress "My Way" Choreo: Ms Caylea

8:36 Sadie "Strung Out" Choreo: Ms Caylea

8:39 Ellie "What if..." Choreo: Ms Krystal

8:42 Sophia B "Roots Run Deep" Choreo: Ms Natalie

8:45 Dani "It's Getting Bad Again" Choreo: Ms Ashley

8:48 Brie/Anna "Where is your head?" Choreo: Ms Natalie

### Modern Group

8:51 Accelerated Modern "Half Human" Choreo: Ms Natalie

## 9:00-9:20PM AWARDS -ALL PARTICIPATING SESSION DANCERS ON STAGE





# SUNDAY, JANUARY 18TH

## SESSION 3

### Ballet Groups

- 1:30 Sprouts Ballet "Constellations" Choreo: Ms Ashley
- 1:35 Buds Ballet "All Within" Choreo: Ms Tamara
- 1:40 Seedlings Ballet "You Can Fly" Choreo: Ms Ashley
- 1:45 Roots Ballet "Mad Tea Party" Choreo: Ms Ashley

### Pointe Solos

- 1:50 Sophia Contemporary Pointe "Odile" Choreo: Ms Krystal
- 1:53 Sabrina "Wind Song" Choreo: Ms Tamara

### Ballet Solos + Duos

- 1:56 Kyla "Gruzinkerbelle" Choreo: Ms Tamara
- 1:59 Isla Ballet Solo "Clouds Beyond Clouds" Choreo: Ms Tamara
- 2:02 Jia/Lexi Ballet Duo "Waltz of the Dolls" Choreo: Ms Ashley

### Jazz Groups

- 2:05 Roots Jazz "Thunder" Choreo: Ms Natalie
- 2:10 Sprouts Jazz "Double Life" Choreo: Ms Natalie
- 2:15 Buds Jazz "Headphones" Choreo: Ms Milaina
- 2:20 Bloom Jazz "What A Day" Choreo: Ms Milaina
- 2:25 Adult Jazz "Sweet Dreams" Choreo: Ms Juilia

### Jazz Solos + Duos

- 2:30 Milah "Turn It Up" Choreo: Ms Natalie
- 2:33 Kyla "I Spy" Choreo: Ms Hannah
- 2:36 Callia/Samaya "Space Jam" Choreo: Ms Natalie
- 2:39 Ellie "Witch" Choreo: Ms Natalie
- 2:32 Sophia B "Unleash the Beast" Choreo: Ms Gayatri
- 2:35 Catherine "Bubblegum" Choreo: Ms Gayatri

## 2:40PM-3:00PM AWARDS - ALL PARTICIPATING SESSION DANCERS ON STAGE

## SESSION 4

### Silks Solos

- 3:30 Tamara "Masquerade" Choreo: Ms Emily
- 3:33 Lexxi "Mission Accomplished" Choreo: Ms Emily
- 3:36 Peyton "Black Swan" Choreo: Ms Emily
- 3:39 Lacey "Marionette" Choreo: Ms Emily

### Lyrical Groups

- 3:45 Roots Lyrical "A Little More" Choreo: Ms Krystal
- 3:50 Sprouts Lyrical "In the Middle" Choreo: Ms Natalie
- 3:55 Buds Lyrical "Better Than Today" Choreo: Ms Krystal
- 4:00 Bloom Lyrical "Embers" Choreo: Ms Krystal + Ms. Natalie
- 4:05 Adult Lyrical "Feel My Love" Choreo: Ms Juilia

### Lyrical Duos

- 4:10 Maddie/Mila "Like a Light" Choreo: Ms Krystal
- 4:13 Baylee/Elize "Before You Left" Choreo: Ms Krystal
- 4:16 Sophia/Tamara "Hide and Seek" Choreo: Ms Natalie

### Lyrical Solos

- 4:19 Alex "It's the End" Choreo: Ms Krystal
- 4:22 Elizabeth "Build" Choreo: Ms Krystal
- 4:25 Sabrina "Let it be Hope" Choreo: Ms Krystal
- 4:28 Hayley "Angel By Wings" Choreo: Ms Juilia
- 4:31 Daneeka "Human" Choreo: Ms Juilia
- 4:34 Sophia "I Hear Your Voice" Choreo: Ms Natalie
- 4:37 Tamara "To Be Loved" Choreo: Ms Natalie
- 4:40 Elize "Long May You Reign" Choreo: Ms Krystal
- 4:43 Ellie "Set Free" Choreo: Ms Krystal
- 4:46 Callia "Wake Me Up" Choreo: Ms Caylea

## 4:55pm-5:15pm AWARDS - ALL Participating Session dancers on stage

## SESSION 5

### Acro Groups

- 5:45 Roots Acro "Jack In the Box" Choreo: Ms Caylea
- 5:50 Buds/Bloom Acro "Mycorrhiza" Choreo: Ms Krystal
- 5:55 Seedlings Acro "Lil' Monsters" Choreo: Ms Hannah
- 6:00 Sprouts Acro "The Hive" Choreo: Ms Caylea

### Acro Solos + Duos + Trios

- 6:05 Emery "Haunted" Choreo: Ms Caylea
- 6:08 Milah "Tomorrow We Fight" Choreo: Ms Krystal
- 6:11 Parker/Reese "Born to be Wild" Choreo: Ms Caylea
- 6:14 Nova/Reagan "Face" Choreo: Ms Caylea
- 6:17 Lennon/Cypress "Thing 1 & Thing 2" Choreo: Ms Caylea
- 6:21 Alex/Tamara/River "Avatar" Choreo: Ms Caylea
- 6:25 Chloe D "Cruella" Choreo: Ms Caylea
- 6:28 Jayda "Love Into a Weapon" Choreo: Ms Caylea
- 6:31 Anna "Outer Space" Choreo: Ms Caylea
- 6:35 Brie "The Shadow" Choreo: Ms Caylea
- 6:39 Chloe O "Wonderful World" Choreo: Ms Hannah
- 6:33 Alex "Mother Nature" Choreo: Ms Caylea
- 6:36 Tamara "Paint it Black" Choreo: Ms Caylea
- 6:39 River "Warfare" Choreo: Ms Caylea

## 6:45PM-7:05PM AWARDS - ALL PARTICIPATING SESSION DANCERS ON STAGE

## SESSION 6

### Musical Theatre Groups

- 7:30 Adult Musical Theatre "Footloose" Choreo: Ms Juilia
- 7:35 Roots Musical Theatre "Yellow Brick Road" Choreo: Ms Juilia
- 7:40 Large Musical Theatre "The Lorax" Choreo: Ms Natalie + Ms Juilia

### Excerpts

- 7:45 Improvisation Category (15 min)
- 8:00 Adult Hip Hop "Scuabble Up" Choreo: Ms Kelly

### Musical Theatre Duos + Solos

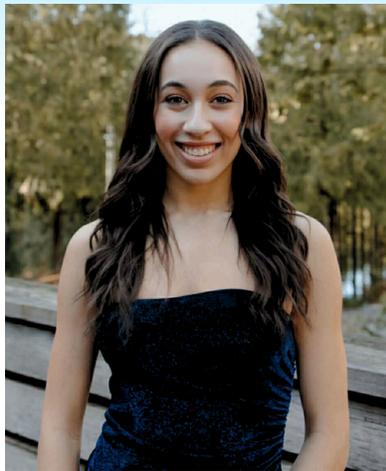
- 8:05 Elena/Katea "BFF" Choreo: Ms Natalie
- 8:13 Maddie "Broadway Banana" Choreo: Ms Juilia
- 8:16 Lucy "Don't Rain on My Parade" Choreo: Ms Juilia
- 8:19 Mya "Friend Like Me" Choreo: Ms Juilia
- 8:21 Brielle "Born To Entertain" Choreo: Courtney Vasquez
- 8:24 Chloe/Agera "Step Sisters" Choreo: Ms Ashley
- 8:27 Katea/Sam "Do What You Gotta Do" Choreo: Ms Ashley
- 8:30 Adult Tap "Boogie Shoes" Choreo: Ms Suzanne
- 8:35 Hayley/Wendy "Swan Lake" Choreo: Ms Juilia

## 8:40PM-9:00PM ALL PARTICIPATING SESSION DANCERS ON STAGE



# ADJUDICATORS

**Melissa Medalla** is an experienced dancer, adjudicator, and educator with extensive training in a variety of dance styles. She has spent over two decades teaching and mentoring dancers and is an active board member of the Vancouver Street Dance Association. Melissa is excited to share constructive, supportive feedback while celebrating artistry, musicality, and performance.



Born and raised in Vancouver, **Brea Franklyn** began dancing at age three and has trained across competitive, commercial, and professional settings. She trained at The DanceLAB Studios and Tri-City Dance Centre before earning a full scholarship to Arts Umbrella's Graduate Program under Artemis Gordon, performing works by renowned choreographers including Crystal Pite, James Kudelka, and Lukas Timulak.

In 2024, Brea joined the BC Lions Dance Team, performing at all home games and the Grey Cup halftime show alongside the Jonas Brothers. Her professional credits include dancing on Netflix's *The Baby-Sitters Club* (Season 2).

A multi-time competition title holder, Brea has earned Overall and 1st Place wins at NUVO, JUMP, and 24/7, attended the Juilliard Summer Dance Intensive, and represented Canada at the IDO World Dance Championships. She currently teaches and choreographs throughout the Lower Mainland, valuing individuality, passion, and clear, supportive feedback in her work with dancers of all ages.

**Maddy Gilbert** is a dance teacher and choreographer based in the Fraser Valley. Trained and examined in Cecchetti Ballet and ADAPT Jazz, Maddy has a strong background in Acro, Jazz, Modern, Lyrical and Ballet. With over 15 years of teaching experience, she's known for her versatility, upbeat energy, and ability to connect with dancers of all ages and levels. A lifelong learner, Maddy loves expanding her teaching toolkit and staying current with new approaches to movement and training. She holds certifications in Acrobatic Arts, Alixa Flexibility, Children's Yoga, KinderMusik, and Sugarfoot Therapy Conditioning. She also holds a Bachelor of Arts degree and continues to expand her qualifications, with the completion of her Dance Adjudicator Certification expected in 2026.



# NOTES + THANKS

IT TAKES A TEAM TO BRING THESE PIECES TO LIFE ON STAGE!

**BIG THANKS** TO OUR CHOREOGRAPHERS WHO CHALLENGE THEMSELVES CREATIVELY AND WORK WITH OUR STUDENTS TO BRING OUT THEIR BEST.

**\*SPECIAL THANKS** TO MISS CAYLEA, OUR COMPETITIVE TEAM COORDINATOR AND GENERAL MANAGER, WHOM WE COULDN'T LIVE WITHOUT!

## **MORE THANKS TO:**

OUR ADMINISTRATIVE STAFF: KATE COGLAN, CAYLEA DAVIDSON, KATH LAROSE, JULIE RAND  
THRIVE DANCE SOCIETY BOARD OF DIRECTORS

TMMEDIA

CHIEF SEPASS THEATRE TECH

*We respectfully acknowledge that we rehearse and perform on the ancestral lands of the KWANTLEN, KATZIE, SEMIAHMOO, AND MATSQUI FIRST NATIONS*

## The “Why”

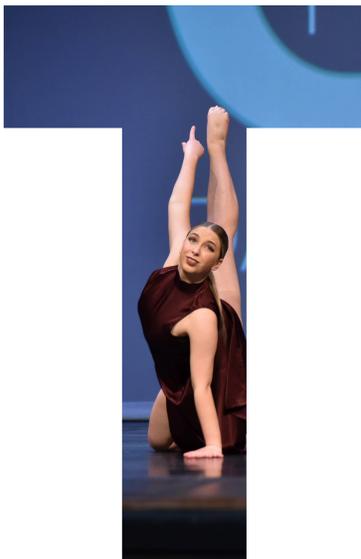
Thrive Dance Studio's competitive program is one like no other. We see potential in all of our students and not just innate abilities or 'talent'. We believe in nurturing our students inside and out of our studio walls-Helping them to see the power that lies within them.

*A dancer who believes in themselves will rise to their true potential as a dancer and person in society.*

We are dedicated to providing exceptional dance training that has a strong technical focus in all styles. We pride ourselves in having a faculty that ensures each piece is crafted specifically to each dancer's/group's abilities, maturity, personality, and strengths. You might notice that Thrive pieces have a certain "flavour" to them. We are often recognized with Choreographic and Performance awards for "age appropriateness", "impactful storytelling", "genuine emotion", and "skilled use of stage/props".

Backstage before competitions you would see us gathering together in support of each other. Mostly, we are focused inwards so as to bring each dancer's best self on to the stage. Thrive has an impeccable track record of being a positive force behind the scenes-even with other studios.

We believe the skills acquired through our competitive program promote self- confidence, self-esteem, dedication, commitment, teamwork, creativity and a love for the arts in a professional, competitive and performance oriented environment.



# 2025 ACCOMPLISHMENTS

*At Thrive, success is measured in more than placements, titles, or trophies. While we celebrate the achievements listed here, we place equal value on growth, resilience, teamwork, and the courage it takes to step on stage. These moments represent countless hours of learning, problem-solving, and personal development - skills that extend far beyond the dance floor.*

## Overall Placements:

Total 1st Place Finishes: 43  
Total 2nd Place Finishes: 27  
Total 3rd Place Finishes: 28

## Total Special Awards: 25

Includes categories such as Dancer of the Year:

- 3 for 12 and under (Brielle, Aarayah, Ellie)
- 2 for 13 and up (Liberty, Tamara)
- Dance down Winner Routine: Hands \$250
- High score of competition: 3 routines

## Total Choreography Awards: 6

## Total Top 10 Placements: 27

## Provincialists and Finalists:

- Bloom lyrical
- Acc modern
- Large Acro group
- Jada Contemp Solo
- Large musical theatre group



THRIVE DANCE STUDIO

# SPRING PROGRAMS



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